

# Alexandra Schwartz, M.A.

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## EDUCATION

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August 2020 – <i>Expected May 2026</i>	<b>Doctoral Candidate</b> Clinical Psychology Health Emphasis Ph.D. Program, APA Accredited <b>Minor:</b> Clinical Neuropsychology <b>Ferkauf Graduate School of Psychology</b> Yeshiva University, Bronx, New York Director of Clinical Training: Bari Hillman, Ph.D. Email: <a href="mailto:bari.hillman@yu.edu">bari.hillman@yu.edu</a>   Phone: 516-857-0827
January 2024	<b>M.A. Psychology</b> Ferkauf Graduate School of Psychology Yeshiva University, Bronx, New York
May 2019	<b>B.A., <i>cum laude</i></b> <b>University of Connecticut</b> Storrs, Connecticut <b>Major:</b> Psychology <b>Minor:</b> Spanish Language, Literature, and Culture <i>Study Abroad:</i> Universidad de Belgrano, Buenos Aires, Argentina
Spring 2018	

## LANGUAGES

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**Spanish:** Fluent abilities in reading, writing, comprehension, and speaking.

Advanced Intermediate language level, according to *American Council for Teaching of Foreign Languages: Oral Proficiency Interview* ([ACTFL](#), [OPI](#)), assessed July 2023.

Advanced Clinical Competency, according to *Paseo Salud Mental Spanish Clinical Proficiency Exam* (PPS-CPE), assessed July 2023.

Experience conducting evidence-based treatments with adolescents and adults.

Experience assessing cognitive development in children and cognitive deficits in adults using brief cognitive batteries in Spanish. Experience producing brief individualized reports with patient recommendations in Spanish.

## SUPERVISED DOCTORAL CLINICAL EXPERIENCE

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July 2024 – Present	<b>Mount Sinai Department of Rehabilitation Medicine (Inpatient)</b> Klingenstein Clinical Center (KCC), New York, New York Manhattan, New York <i>Inpatient Functional Rehabilitation (July-October):</i> <ul style="list-style-type: none"><li>• Patient population: spinal cord injuries, limb loss, cancer, multiple sclerosis, solid organ transplant, complex medical presentations.</li></ul> <i>Inpatient Brain Injury Rehabilitation (November-March):</i>
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- Patient population: Stroke, traumatic brain injury, intracranial tumors, anoxic encephalopathy.

*Float (April-June):*

- Manage caseload of 6-8 patients across both specialized medical rehab floors.

*Neuropsychology Extern*

- Provide brief neuropsychological assessments and supportive psychotherapy across rotations on two inpatient medical rehabilitation units to English and Spanish-speaking patients.
- Coordinate treatment and discharge planning within collaborative interdisciplinary medical team, including physical and occupational therapy, speech/language therapy, nursing, physicians.
- Provide psychoeducation to family members regarding medical, neurological, and psychiatric conditions to ensure continuity of care and long-term patient safety.
- Conduct individual and group cognitive remediation for patients with brain-injury-related cognitive deficits.
- Participate in weekly group and individual supervision, and training opportunities involving trauma, medical adjustment, brain injury, spinal cord injury, limb loss, behavioral medicine, and cognitive remediation.

**Supervisors: Sabrina Breed, Ph.D., Angela Riccobono, Ph.D.,  
Iris Zheng, Ph.D.**

August 2023 –  
June 2024

**NYU Langone's Child Study Center: The Stephen D. Hassenfeld  
Children's Center for Cancer and Blood Disorders**

Manhattan, New York

*Neuropsychology Extern*

- Administered, scored, and interpreted neuropsychological batteries in outpatient pediatric medical clinic to produce integrated reports with individualized recommendations.
  - *Primary referrals:* neuro-oncology, hematology, genetic disorders. Most referrals in context of pre/post-treatment and long-term follow-up.
- Conducted long-term, weekly, individual therapy to monolingual Spanish-speaking adolescent patient as part of multidisciplinary treatment team in outpatient hematology/oncology clinic.
- Gathered relevant developmental, medical, and psychosocial history via neurocognitive behavioral intake with patient and their caregivers.
- Integrated findings from psychometric evaluation, medical records, and clinical interview to clearly communicate findings and recommendations to caregivers during feedback sessions.

- Attended weekly neuropsychology didactics and tumor board rounds.
- Supervisors: Sarah Powell, Ph.D., ABPP, Kelsey Largen, Ph.D.,  
Roya Aminirniroumand, Ph.D.**

June 2023 –  
July 2023

**Psychology and Spanish Elective Opportunity ([PASEO](#)) Salud Mental**  
Northern Peru

*Neuropsychology Consultant*

- Evaluated cognitive development of monolingual Spanish-speaking children ages 4-12 using cognitive screener.
- Performed intake interviews and feedback sessions with caregivers to gather relevant history and communicate findings respectively.
- Integrated findings from psychometric evaluation and clinical interview to produce brief clinical reports including individualized caregiver recommendations.

*Psychology Group Facilitator*

- Implemented 6-week biweekly psychoeducation series with adolescent students focusing on domestic violence prevention, healthy relationship building, and socialized gender roles.
- Conducted psychotherapy and psychoeducation consults to adults in the community, utilizing cognitive-behavioral techniques, such as motivational interviewing.

**Supervisors: BrieAnne K. Kohrt, Ph.D., David Martinez, Ph.D.**

September 2022 –  
August 2023

**Montefiore Headache Center**  
**Tele-Behavioral Medicine for Migraine (Tele-BMM) Protocol**  
Bronx, New York

*Behavioral Medicine Student Therapist*

- Provided manualized tele-therapy comprising cognitive behavioral techniques, relaxation exercises, and psychoeducation to patients with a diagnosis of migraine as part of a randomized clinical trial.
- Attended biweekly individual and group supervision.

**Supervisor: Elizabeth Seng, Ph.D.**

July 2022 –  
June 2023

**Weill Cornell Medicine, New York Presbyterian Westchester**  
**Behavioral Health Center (Inpatient)**  
White Plains, New York

*Neuropsychology Extern*

- Administered, scored, and interpreted neuropsychological evaluations for patients across the lifespan, across various specialized inpatient

psychiatric units and outpatient clinic, to aid in diagnostic clarification and treatment planning.

- Integrated findings from cognitive, personality, and mood measures, in addition to available health records and informant reports, to produce comprehensive reports and individualized recommendations.
- Facilitated weekly cognitive-behavioral groups on adolescent units.
- Attended weekly neuropsychology didactics and individual supervision.

**Supervisor: Beth Rabinovitz, Ph.D.**

August 2021 –  
June 2022

**Montefiore's RFK/Children's Evaluation and Rehabilitation Center:  
Fisher Landau Center for Treatment of Learning Disabilities**

Bronx, New York

*Psychology Extern*

- Carried caseload of 4 twice-weekly adult therapy cases addressing severe learning disabilities and comorbid psychiatric conditions.
  - Provided supportive therapy and behavior modification to improve literacy skills and self-esteem, and reduce anxiety and depressive symptoms.
- Administered, scored, and interpreted psychoeducational evaluations to facilitate treatment, educational and vocational planning.
- Produced comprehensive reports integrating findings from neuropsychological and psychological tests, available medical records, and additional relevant third-party sources.
- Attended weekly didactics and individual and group supervision.

**Supervisor: Monica McQuaid, Ph.D.**

February 2021 –  
July 2022

**Max & Celia Parnes Family Psychological & Psychoeducational  
Clinic, Ferkauf Graduate School of Psychology**

Bronx, New York

*Behavioral Medicine Student Therapist*

- Carried caseload of 3 individual weekly adult psychotherapy cases.
  - *Primary presenting concerns:* anxiety, depression, stress management, medication adherence, chronic pain.
- Conducted pre-surgical psychological evaluations for patients seeking bariatric surgery and consult with referring physicians.
- Attended weekly individual supervision.

**Supervisor: Yvette Fruchter, Ph.D.**

## **DOCTORAL RESEARCH EXPERIENCE**

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May 2023 –  
Present

**Principal Investigator, Dissertation Research Project**

Ferkauf Graduate School of Psychology, Yeshiva University  
Bronx, New York

**Title: Migraine and Tobacco Smoking as Risk Factors for Stroke**

**Abstract: Purpose:** improve understanding of cardio-cerebrovascular risk conferred by migraine in veteran patients; **Methods:** longitudinal cohort study; **Results:** Not yet available; **Potential Implications:** improved cardiovascular/cerebrovascular risk assessment tools; improved clinicians' ability to provide individualized interventions and lifestyle recommendations for patients with migraine.

**Proposal Approved:** May 2024

**Data Collection:** data collected (September 2024); currently being analyzed

**Supervisor: Elizabeth Seng, Ph.D.**

August 2020 –  
January 2022

**Principal Investigator, Pre-Doctoral Research Project**

Ferkauf Graduate School of Psychology  
Yeshiva University, Bronx, New York

**Title: Physical Activity and Migraine**

**Abstract: Purpose:** examine the relationship between day-level physical activity and migraine attacks; **Methods:** secondary analyses of baseline data from a randomized clinical trial; **Results:** Mild (OR = 1.4, 95% CI = 1.09, 1.81) and moderate-intense physical activity (OR = 2.6, 95% CI = 1.10, 6.18) were associated with increased odds of having a headache that day. Similarly, when examined alone, both mild (OR = 1.1, 95% CI = .87, 1.47) and moderate-intense physical activity (OR = 1.0, 95% CI = .41, 2.57) were associated with increased odds of having a headache the next day; additionally, when examined together, days in which participants reported performing only moderate-intense physical activity (and no mild activity) had lower odds of having a headache the next day (OR = .82, 95% CI = .31, 2.13); **Conclusions:** Physical activity is associated with headache activity on both the same day, and the next day. This suggests that physical activity reductions may both be a result of migraine, but also may indicate an individual is in the prodromal phase of a migraine attack.

**Completed:** January 2022

**Supervisor: Elizabeth Seng, Ph.D.**

August 2020 –  
Present

**Headache and Adherence Lab**

Ferkauf Graduate School of Psychology  
Bronx, New York

#### *Senior Lab TA*

- Serve as lead statistical analyst on multidisciplinary research team to complete longitudinal, retrospective cohort study funded by the American Heart Association, assessing links between migraine and cardiovascular/cerebrovascular disease.
- Conduct biweekly meetings for our lab's neuropsychology workgroup to discuss ongoing projects.
  - *Current project: **Migraine Ictal and Interictal EMA (MIINE)***: Assessing objective cognitive performance across migraine attack phases (i.e., interictal, prodrome, ictal, postdrome) using ecological momentary assessment (EMA) and electronic diary data.
- Train junior lab members once per semester on conducting intake interviews for study recruitment, comprising a structured diagnostic interview for headache (SDIH) and brief psychiatric and cognitive screeners.
- Collaborate with advisor during biweekly individual meetings on ongoing analyses and papers, IRB proposals, and grant submissions.

**Principal Investigator: Elizabeth Seng, Ph.D.**

#### **TEACHING EXPERIENCE**

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August 2024 –  
Present

**Yeshiva College, Yeshiva University**  
Manhattan, New York  
*Adjunct Professor*

- Teach in-person Cognitive Psychology course to class of 20 undergraduate students for 75 minutes, twice per week.
- Plan lectures, assignments, and applied projects to reinforce learning objectives.
- Responsible for developing all course-related materials, lecture slides, and class curriculum.

#### **ADDITIONAL CLINICAL EXPERIENCE**

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June 2018 –  
June 2019

**Strong Foundations**  
ABA Program  
*Applied Behavioral Analysis (ABA) Therapist*

- Offered 1:1 center and community-based ABA therapy to children (ages 4-13) with developmental disabilities, including autism spectrum disorder, attention deficit hyperactivity disorder, and disruptive behavioral disorders.

- Participated in trainings focused on antecedent-based interventions, discrete trial training, and caregiver facilitated intervention.

**Supervisor: Aydrien L. Cathcart MEd., BCBA, LBA**

January 2019 –  
June 2019

**Rockville General Hospital**

Walden Inpatient Eating Disorder Unit

Vernon, Connecticut

*Psychiatric Technician*

- Maintained safety for patients and staff of 22-bed milieu within multidisciplinary team comprising registered dietitians, physicians, psychiatrists, nurses, etc.
- Performed and documented orthostatic vitals, 15-minute safety checks, and patient intake and discharge procedures.
- Presented detailed shift-to-shift reports regarding patient's behavior, mood, and overall presentation to treatment team members.
- Restrained violent, self-injurious, or suicidal patients by verbal or physical means, as necessary.

July 2017 –  
August 2017

**Sri Lanka Volunteers (SLV) Global**

Bali & Java, Indonesia

*Mental Health Care Support Worker*

- Conducted group therapy sessions for patients across the lifespan presenting with various medical, psychiatric, and developmental diagnoses across some of the largest psychiatric facilities in Indonesia.
- Taught weekly English classes to groups of 10-15 adolescents.
- Session planning with team members focused on reinforcement of coping mechanisms and sensitivity towards cross-cultural communication, and implementing empirically-supported, cognitive-behavioral intervention techniques.

**ADDITIONAL RESEARCH EXPERIENCE**

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August 2019 –  
August 2020

**Mount Sinai Hospital, Morningside**

New York Obesity Lab

Manhattan, New York

*Research Associate*

- Served on team conducting an NIH-funded randomized clinical trial investigating the effects of discounted fruits, vegetables, and noncaloric beverages in a supermarket chain on food intake and health outcomes among overweight participants from the New York City metropolitan area.

- Tracked participant changes throughout 13-month study duration through intake sessions and bi-monthly check-ins, noting emotional changes and both subjective and objective physical changes.

**Principal Investigator: Alan Geliebter, Ph.D.**

January 2019 –  
May 2019

**Communication Development Lab**

University of Connecticut

Storrs, Connecticut

*Research Assistant*

- Contributed to experimental design and analysis with a focus on early language acquisition, mother-infant dyadic relationships, and early childhood talkativeness.
- Transcribed utterances of participant recordings and input data into Microsoft Excel documents and Audacity online audio software.

**Principal Investigator: Umay Suanda, Ph.D.**

## LEADERSHIP EXPERIENCE

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August 2024 –  
Present

**Society for Health Psychology (SfHP), American Psychological Association (Division 38)**

Ferkauf Graduate School of Psychology

Bronx, New York

*Student Campus Representative*

- Plan and host an event sponsored by the Student Advisory Council that promotes health psychology.
- Serve as liaison between SfHP Student Advisory Council and graduate student body.

August 2023 –  
Present

**Multicultural Student Group**

Ferkauf Graduate School of Psychology

Bronx, New York

*Group Facilitator*

- Co-lead bi-semester group meetings on campus, allowing students of varying backgrounds come together to learn about each other and their individual backgrounds in a comfortable, accepting, and safe environment.

August 2023 –  
Present

**Headache and Adherence Lab**

Ferkauf Graduate School of Psychology

Bronx, New York

*Senior Lab TA*



- Meet once per semester with each lab member to gather feedback regarding policies, expectations, and overall lab experience.
- Meet once per semester with lab management team to discuss lab members' feedback, with intentions to implement change towards improved lab efficiency and experience for lab members.
- Pair incoming lab members with senior lab members based on clinical and research interests as part of student mentorship program.

August 2021 –  
August 2022

**Headache Center of Excellence**

Veterans Association Medical Center (VAMC)

West Haven, Connecticut

*Student Interest Group Administrative Assistant*

- Collaborated within multidisciplinary team to advance workgroup projects including but not limited to: migraine, ischemic stroke, posttraumatic headache, and rehabilitation engagement.
- Coordinated with leaders of each student interest group (e.g., clinical innovations, pharmacological interventions, health equity, etc.) and project workgroups (e.g., CVD/stroke, TBI, provider education, etc.) to increase member involvement and schedule monthly meetings.

September 2021 –  
May 2023

**Ferkauf Graduate School of Psychology**

Yeshiva University, Bronx, New York

*Clinical Health Ph.D. Admissions TA*

- Reviewed incoming graduate applications and provided initial admissions recommendations to faculty members.
- Facilitated planning, coordination, and execution of both in-person and remote interview days.
- Provided transitional support to incoming students with orientations and additional Q&A sessions prior to the first day of classes.
- Led admissions training session to ensure smooth transition for incoming Admissions TA students.

September 2020 –  
May 2021

**Clinical Health Ph.D. Program,**

Ferkauf Graduate School of Psychology

Bronx, New York

*Cohort Representative*

- Peer elected representative for Ph.D. cohort, responsible for liaising with faculty about student questions, concerns and requests.

**ADDITIONAL RELEVANT EXPERIENCE**

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- June 2018 –  
Present
- Peace at Home Parenting Solutions**  
Storrs, Connecticut (*remote*)  
*Communications Coordinator*
- Propel goals of small business through employment of effective communication and liaison skills between company founder, licensed professional teachers, and parent clients.
  - Mentor two undergraduate psychology interns through online trainings and meetings to discuss intern professional development.
- August 2017 –  
January 2019
- Child Development Labs**  
University of Connecticut, Storrs, Connecticut  
*Educational Facilitator*
- Planned and led developmentally appropriate classroom activities for a classroom of 8 children (ages 10 months – 3 years).
  - Supported head teachers in interacting with students’ families of diverse ethnic, cultural, and linguistic backgrounds.
- Summer 2014
- Global Routes Cross-Cultural Immersion Program**  
Otavalo, Ecuador  
*Exchange Program Volunteer*
- Taught biweekly English and math lessons to classroom of 15 school-aged children.
  - Cooperated with group of 10 international team members to facilitate year-round accessibility to schools for local families through construction of a bridge.

## ORAL PRESENTATIONS AT SCIENTIFIC MEETINGS

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Seng, E., Phadke, M., **Schwartz, A.**, Ezzati, A., Lipton, R. (June, 2024). *Migraine as a Risk Factor for Cardiovascular Events in the Veterans Health Administration*. Oral presentation at the American Headache Society Annual Meeting, San Diego, California.

## POSTER PRESENTATIONS AT SCIENTIFIC MEETINGS

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**Schwartz, A.**, Lacritz M., et al., (*accepted, February 2025*) Objective Cognition Across Migraine Phases: Prodrome and Headache Attack Phases. International Neuropsychology Society, New Orleans, Louisiana.

Seng E., **Schwartz A.**, et al. (*accepted, February 2025*) *The Association Between Migraine and Cardiovascular Events in the Veteran’s Health Administration*. International Neuropsychology Society, New Orleans, Louisiana.

Seng E., **Schwartz A.**, et al. (November, 2024) *Disparities in Associations Between Migraine and Cardiovascular Events: A Cross Sectional Cohort Study in the Veterans Health Administration*. American Heart Association, Chicago, Illinois.

Laura S., **Schwartz, A.**, Lacritz, M., Seng E., (February, 2024) *Cognitive Functioning Across Ictal and Interictal Migraine Phases: An Ecological Momentary Assessment Study*. International Neuropsychology Society, New York, New York.

**Schwartz, A.**, Seng, E. (2021, April) *Migraine and Physical Activity*. Society of Behavioral Medicine, Baltimore, Maryland.

Sutton, L., Klepper, J., Rosen, N., Reeder, A., **Schwartz, A.**, & Seng, E. (2021) *Nonverbal memory dysfunction and migraine-related disability predict subjective cognitive symptoms in adults with migraine*. National Academy of Neuropsychology, Washington, D.C.

**Schwartz, A.**, Parfatti, M. (2017, December) *Mirror Neurons on Perceived Exercise Effects on Food Choices*. Undergraduate Research Symposium, University of Connecticut, Storrs, Connecticut.

## PROFESSIONAL MEMBERSHIP

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American Headache Society (AHS), Student Affiliate  
 American Psychological Association (APA), Student Affiliate Member  
 Society for Health Psychology, (38), Division of Clinical Neuropsychology (40)  
 Hispanic Neuropsychological Society (HNS), Student Member  
 International Neuropsychological Society (INS), Associate Member  
 National Latinx Psychological Association (NLPA), Student Member  
 New York Neuropsychology Group (NYNG), Student Affiliate

## PROFESSIONAL AFFILIATIONS, HONORS, AND AWARDS

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2020 – Present	Merit scholarship, Ferkauf Graduate School of Psychology
2019	Graduated <i>cum laude</i> , University of Connecticut
2016 – 2019	University of Connecticut Dean's List
2018	Named New England Scholar

## ASSESSMENT EXPERIENCE

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\*Administered in Spanish

\*\*Administered in both English and Spanish

Adaptive Behavioral Assessment System 3 (ABAS-3) \*\*  
 Apraxia Screening Test  
 Ask Suicide-Screening Questions (ASQ)  
 Beck Anxiety Inventory (BAI)  
 Beck Depression Inventory – II (BDI-II)  
 Beery-Buktenica Developmental Test of Visual-Motor Integration (Beery VMI)  
 Behavior Assessment System for Children – Third Edition (BASC-3) \*\*  
 Behavior Rating Inventory of Executive Function (BRIEF-II)  
 Boston Naming Test (BNT)

Brief Cognitive Status Exam (BCSE)\*\*  
Brief Visuospatial Memory Test – Revised (BVM-T-R)  
California Verbal Learning Test – Third Edition (CVLT-III)  
California Verbal Learning Test – Children’s Edition (CVLT-C)  
Child and Adolescent Memory Profile (ChAMP)  
Children’s Memory Scale (CMS)  
Clinical Evaluation of Language Fundamentals – Fifth Edition (CELF-5)  
Clock Drawing Test  
Comprehensive Test of Phonological Processing – Second Edition (CTOPP-2)  
Cognistat\*\*  
Conners Adult ADHD Rating Scale (CAARS)  
Conners Continuous Performance Test (CPT-3)  
Controlled Oral Word Association Test (COWAT)  
Delis-Kaplan Executive Function System (D-KEFS)  
Dementia Rating Scale – 2 (DRS-2)  
Developmental Neuropsychological Assessment (NEPSY-II)  
Diagnostic Assessment of Reading – Second Edition (DAR-2)  
Generalized Anxiety Disorder Scale – 7 (GAD-7)  
Geriatric Depression Scale (GDS)  
Grooved Pegboard Test  
Hopkins Visual Learning Test (HVL-T)  
Inventario de Detección Temprana (IDT)\*  
Judgment of Line Orientation (J-LO)  
Kaufman Test of Achievement, Third Edition (KTEA-3)  
Millon Adolescent Clinical Inventory (MACI)  
Millon Pre-Adolescent Clinical Inventory (M-PACI)  
Mississippi Aphasia Screening Test (MAST)\*\*  
Minnesota Multiphasic Personality Inventory – 2 – Revised Form (MMPI-2-RF)  
NAB Naming Test  
Nelson Denny Reading Test  
Patient Health Questionnaire – 9 (PHQ-9)  
Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)  
Rey Complex Figure Test and Recognition (RCFT)  
Scholastic Abilities Test for Adults (SATA)  
Stroop Color and Word Test  
Structured Clinical Interview for the DSM-IV (SCID-5)  
Structured Diagnostic Interview for Headache – 4 Brief Version (SDIH-4-Brief)  
Test of Memory Malingering (TOMM)  
Test of Premorbid Functioning (TOPF)  
Thematic Apperception Test (TAT)

Tower of London-Dx 2<sup>nd</sup> Edition (ToL-Dx 2<sup>nd</sup> Edition)  
Trail Making Test A and B (TMT)  
Verbal Fluency Test  
Wechsler Abbreviated Scale of Intelligence – Second Edition (WASI-II)  
Wechsler Adult Intelligence Scale – IV (WAIS-IV)  
Wechsler Individual Achievement Test – 4<sup>th</sup> Edition (WIAT-4)  
Wechsler Memory Scale – Fourth Edition (WMS-IV)  
Wechsler Intelligence Scale for Children – IV (WISC-IV) \*\*  
Wechsler Intelligence Scale for Children – IV (WISC-V) \*\*  
Wechsler Preschool and Primary Scale of Intelligence (WPPSI-IV)  
Wechsler Test of Premorbid Functioning (TOPF)  
Wide Range Achievement Test 4 (WRAT4)  
Wide Range Assessment of Memory and Learning, Third Edition (WRAML-3)  
Wisconsin Card Sorting Test (WCST)  
Woodcock Johnson Test of Achievement – Fourth Edition (WJ-IV)

#### **ACADEMIC ASSESSMENT TRAINING**

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Minnesota Multiphasic Personality Inventory – 2 (MMPI-2)  
Personality Assessment Inventory (PAI)  
Rorschach Inkblot Method (Exner Comprehensive System)  
Structured Clinical Interview for the DSM-5: Personality Disorders