

Mara Getz, MA, MPH

EDUCATION

August 2022 –
Expected May 2028

Doctoral Candidate

Clinical Psychology PhD Program (Health Emphasis), APA Accredited

Clinical Neuropsychology Minor, Applied Statistics Minor
Ferkauf Graduate School of Psychology, Yeshiva University
Bronx, New York

Director of Clinical Training: Bari Hillman, PhD

E-mail: Bari.Hillman@yu.edu / Phone: 516-857-0827

August 2024

Master of Arts, Psychology

Ferkauf Graduate School of Psychology, Yeshiva University
Bronx, New York

May 2019

Master of Public Health, Department of Sociomedical Sciences

Certificate in Social Determinants of Health
Mailman School of Public Health, Columbia University
New York, NY

May 2016

Bachelor of Arts, with Honors

First Major: Psychology, Second Major: Global Health
Study Abroad: University College London, Spring 2015
Washington University in St. Louis
St. Louis, MO

SUPERVISED DOCTORAL CLINICAL TRAINING

July 2024 –
Present

Neuropsychology Extern (Outpatient)

Columbia University Irving Medical Center, Department of Neurology, Cognitive Neuroscience Division
New York, NY

- Conduct comprehensive neuropsychological evaluations, including administration, scoring, and interpretation of tests for a diverse patient population with a focus on neurodegenerative conditions
- Complete neuropsychological reports that interpret and summarize findings of evaluations and provide actionable recommendations for intervention
- Attend weekly didactics, multidisciplinary seminars, post-doc peer mentorship, and individual supervision

Supervisor: Stephanie Assuras, PhD, ABPP-CN

June 2023 –
2024

Neuropsychology Extern (Inpatient)

Kessler Institute of Rehabilitation, Acute Brain Injury Unit
West Orange, NJ

- Provided comprehensive inpatient neuropsychological assessments for patients with a wide variety of neurological conditions including moderate-severe traumatic brain injury, stroke, brain tumors, encephalopathy, and dementia
- Delivered brief bedside psychotherapy for a caseload of approximately 4-6 patients and longer-term psychotherapy for an outpatient client enrolled in the Cognitive Rehabilitation Program
- Attended weekly multidisciplinary treatment team meetings, didactics and individual supervision

Supervisor: Kelly Kearns, PsyD

February 2023 –
July 2024

Behavioral Medicine Student Therapist

Max & Celia Parnes Family Psychological and Psychoeducational Services Clinic
Ferkauf Graduate School of Psychology, Yeshiva University
Bronx, New York

- Maintained a caseload of individual weekly individual psychotherapy cases for patients presenting with treatment issues including anxiety, depression, coping with stress, physical pain and/or other physical health issues
- Conducted pre-surgical psychological evaluations for patients seeking bariatric surgery and provide motivational interviewing as part of a research study
- Conducted clinic intake evaluations using SCID-V
- Responsible for all case documentation
- Weekly individual supervision

Supervisor: Karen Somary, PhD

DOCTORAL RESEARCH EXPERIENCE

November 2022 –
2024

Principal Investigator, Pre-Doctoral Research Project

Ferkauf Graduate School of Psychology, Yeshiva University
Bronx, New York

Title: Perceived Discrimination and Migraine-Specific Quality of Life: A Cross-Sectional Survey Study in a Black/African American Sample

Purpose: To examine the associations between perceived lifetime discrimination and discrimination in medical settings with migraine-specific quality of life in African Americans with migraine. **Methods:** In this cross-sectional survey study, African American adults with a migraine diagnosis (N=91) were recruited from a tertiary headache center and completed validated measures assessing migraine-specific quality of life and perceived discrimination. **Results:** Higher levels of lifetime perceived discrimination and discrimination in medical settings were significantly associated with poorer migraine-specific quality of life, independent of headache frequency and sex at birth. Headache pain intensity was also significantly associated with poorer quality of life across models. **Implications:** Experiences of discrimination, both across the lifetime and within the medical setting, significantly impact quality of life in African Americans. These findings highlight the critical need for interventions that reduce bias in migraine care, improve pain management, and address the chronic stress linked to discrimination.

Supervisor: Elizabeth Seng, PhD

August 2022 –
Present

Headache & Adherence Lab

Ferkauf Graduate School of Psychology, Yeshiva University
Bronx, New York

- Manage diary study that uses ecological momentary assessment to understand patterns of adherence in medication and migraine's impact on daily living
- Discuss and develop ideas pertaining to current pre-doctoral and doctoral level research projects of peers
- Collaborate on psychological and biomedical research, including design, statistical analysis, and manuscript preparation

Principal Investigator: Elizabeth Seng, PhD

RESEARCH WORK EXPERIENCE

April 2025 –
Present

Research Consultant

NYU Langone Medical Center, Department of Neurology
New York, NY

- Conduct focus groups and analyze quantitative and qualitative data for the Migraine Education Program in the Division of Headache

Principal Investigator: Mia Minen, MD, MPH

June 2016 –
August 2017

Primary Research Coordinator

InSPIRES Lab, NYU Langone Medical Center, Department of Psychiatry
New York, NY

- Managed data collection, screening and recruitment of participants for the African Ancestry Genomic Psychiatry Cohort Study and ensured that monthly targets were met for study enrollment
- Responsible for grant submissions, publications, IRB-related documents and supervision of lab members

Principal Investigator: Dolores Malaspina, MD, MS, MSPH

ADDITIONAL RESEARCH EXPERIENCE

Fall 2020 –
2022

Research Assistant

Global Mental Health Programs, Columbia University
New York, NY

- Assisted with transcription and coding of interviews for qualitative research study investigating the mental health gaps for internally displaced persons in Ethiopia
- Collaborated on manuscript reporting research findings for submission to peer-reviewed journal

Principal Investigator: Claire Greene, PhD, MPH

August 2018 –
May 2019

Master's Thesis

Mailman School of Public Health, Columbia University
New York, NY

Title: Consequences of Gentrification In New York City (a review of Health & Social Impacts of Housing Displacement)

- *Findings:* Displacement due to gentrification negatively impacts physical and social health and includes loss of social networks, access to medical care and supportive institutions, exacerbation of homelessness, and perpetuation of racial and economic inequalities

Sponsor: Carol Caton, PhD

May 2015 –
2016

Research Assistant

Developmental Neuropsychology Laboratory, Washington University
St. Louis, MO

- Supported testing and scoring of cognitive performance in children with neurodevelopmental disorders
- Analyzed data for a poster presentation on cognitive trajectories in a pediatric sample with sickle cell disease

Principal Investigator: Desiree White, PhD

Fall 2014

Research Assistant

Emotion & Relationships Laboratory, Washington University
St. Louis, MO

- Executed participant consent process and coding of videos for study of empathetic accuracy and personality traits

Principal Investigator: Tammy English, PhD

Summer 2014

Student Researcher

OTS Global Health Program, Duke University
Limpopo, South Africa

- Conducted ethnographic research through participant interviews to examine healthcare clinic availability, accessibility and acceptability in rural HaMakuya

Supervisor: Amber Abrams, PhD

OTHER RELEVANT EXPERIENCE

February 2025 – Present	Intern Yellin Center for Mind, Brain and Education New York, New York <ul style="list-style-type: none">Conduct neuropsychological and psychoeducational evaluations for children primarily in elementary and middle school to identify student learning profiles Supervisor: Jessica Block, PhD, NCSP
November 2024 – Present	Executive Functioning Tutor Organizational Tutors New York, New York <ul style="list-style-type: none">Facilitate weekly tutoring sessions with children and adolescents focusing on improving executive functioning skills such as organization and self-regulationDevelop personalized strategies for academic and behavioral successComplete detailed after-session summaries and monitor student progress Supervisor: Samantha Adelsberg, PhD
October 2023 – February 2024	Intern Curect Neuropsychology East Rockaway, New York <ul style="list-style-type: none">Wrote developmental, psychosocial and medical history reports for adult and pediatric populations seeking neuropsychological servicesIncluded review of intake forms, interviews, medical records and IEPs Supervisor: Yelena Goldin-Frazier, PhD; Krystal Salandanan, PsyD
August 2015 – June 2016	Student Intern (Predoctoral) Practicum in Applied Behavior Analysis, Washington University St. Louis, MO <ul style="list-style-type: none">Implemented weekly in-home Applied Behavior Analysis sessions with an adolescent with autism spectrum disorder Supervisor: Leonard Green, PhD

TEACHING AND ASSISTANTSHIPS

Fall 2024	Teaching Assistant Ferkau Graduate School of Psychology, Yeshiva University Bronx, NY <ul style="list-style-type: none">Provide academic support for graduate-level course, "Concepts in Psychotherapy", assisting with course materials and assignments Supervisor: Hannah Mitchell, PhD, MPH
Fall 2023 – Present	Admissions Teaching Assistant Ferkau Graduate School of Psychology, Yeshiva University Bronx, NY <ul style="list-style-type: none">Organize admissions-related activities including review of applications, assistance with the interview process, and coordination of faculty meetings
Fall 2022 – Spring 2023	Research Assistantship Ferkau Graduate School of Psychology, Yeshiva University Psychosocial Oncology Relationships, Risk & Resilience Laboratory Bronx, NY <ul style="list-style-type: none">Led REDCap training for student peersSupported laboratory organization, preliminary literature reviews and survey identification Supervisor: Hannah Mitchell, PhD, MPH

Fall 2022 – Spring 2023	Teaching Assistant Librarian Ferkauf Graduate School of Psychology, Yeshiva University Parnes Clinic Testing Library Bronx, NY <ul style="list-style-type: none"> Responsibilities included management, organization, and oversight of Ferkauf’s psychological test materials Supervisor: Esther Stavrou, PhD
Fall 2018	Teaching Assistant Mailman School of Public Health, Columbia University New York, NY <ul style="list-style-type: none"> Teaching Assistant for Global and Developmental Perspectives graduate-level course Facilitated classroom activities, discussions and student peer review workshops Evaluated student writing skills through graded assignments and papers Supervisor: Helen de Pinho, MBBCH, FCCH, MBA

VOLUNTEER AND LEADERSHIP EXPERIENCE

July 2024 – Present	Student Affairs Committee Student and Training Director's Hour American Academy of Clinical Neuropsychology (AACN) <ul style="list-style-type: none"> Coordinate and support networking events for students to connect with internship and post-doctoral placement opportunities at upcoming conferences
January 2023 – Present	Executive Board New York State Psychological Association Graduate Students (NYSPAGS) Bronx, NY
January 2024	Treasurer <ul style="list-style-type: none"> Oversee funds and prepare budget of NYSPAGS for each new fiscal year Remain well-informed of state and national policy and issues affecting training and practice of future psychologists in New York State
January – Dec 2023	Campus Representative <ul style="list-style-type: none"> Represent the interests of Ferkauf Graduate School of Psychology constituencies Attend regular meetings, disseminate information and implement actions accordingly to students
April 2021 – Present	Volunteer Guide Achilles International, NYC Chapter New York, NY <ul style="list-style-type: none"> Guide athletes with vision impairment and/or cognitive and social disabilities through runs in Central Park
June 2020 – 2024	Friends of Breaking Ground Committee Member Breaking Ground New York, NY <ul style="list-style-type: none"> Fundraise, support and advocate for affordable housing solutions to reduce homelessness in New York City
January – August 2019	Volunteer Tutor for P.S. 163 JCC Manhattan New York, NY <ul style="list-style-type: none"> Mentored elementary school students, helping with math and literacy assignments on a weekly basis
July 2018 –	Volunteer for Employer Connect Program

- 2019
- Integrate Autism Employment Advisors
New York, NY
- Assisted young adults with autism spectrum disorder with resume building and refinement
 - Accompanied program participants on weekly networking visits to professional companies for interview exposure
- January 2018 –
2019
- Vice President of Operations**
Students for The Promotion of Integrative Medicine
Mailman School of Public Health, Columbia University
New York, NY
- Organized activities and events that provide knowledge and use of integrative medicine for students
- Fall 2013 –
Spring 2016
- Vice President, Executive Board**
To Write Love on Her Arms Student Group
Washington University
St. Louis, MO
- Promoted mental health awareness on Washington University campus through meetings, activities, and speaker panels

PROFESSIONAL EXPERIENCE

- January 2022 –
June 2023
- Grant Writer**
Bronx Health Collective, Montefiore Medical Center
Bronx, NY
- Coordinated private funding and federal grant-related activities, including writing proposals and reports, identifying new funding opportunities, and maintaining narrative library database
- July 2019 –
December 2021
- Senior Care Advisor**
Ezra AI, Inc., Medical Operations Team
New York, NY
- Led patients through the Ezra Full Body MRI cancer screening scan experience and troubleshoot any issues that arose
 - Enhanced and streamlined the consultation process between medical providers and patients through report generation and regular revision of medical recommendations
- May –
September 2018
- Summer Associate**
The Access Challenge
New York, NY
- Developed and launched monitoring and evaluation metrics for high-level conference at UN General Assembly
 - Aided program development and appropriate grant identification
- February –
September 2018
- Clinical Operations Intern**
Parsley Health
New York, NY
- Streamlined quality improvement evaluation through validating and refining net promoter score database
 - Formalized standard operating procedures and preparation for patient appointments

CERTIFICATIONS, HONORS AND AWARDS

- 2024, 2023, 2022
- UJA-Federation Rose Biller Scholarship, Hebrew Free Loan Society

2024, 2023, 2022	Merit Scholarship, Ferkauf Graduate School of Psychology, Yeshiva University
2019	Certificate in Social Determinants of Health, Mailman School of Public Health, Columbia University
2016	Graduated with honors, Washington University in St. Louis

PSYCHOLOGICAL AND NEUROPSYCHOLOGICAL ASSESSMENT EXPERIENCE

AD8 Dementia Screening Interview
 Apathy Evaluation Scale (AES)
 Apraxia Screening Test (AST)
 Auditory Naming Test
 Beck Anxiety Inventory (BAI)
 Beck Depression Inventory, Second Edition (BDI-II)
 Behavioral Inattention Test (BIT)
 Boston Diagnostic Aphasia Examination (BDAE)
 Boston Naming Test (BNT)
 Brief Visuo-spatial Memory Test, Revised (BVM-T-R)
 California Verbal Learning Test-Third Edition (CVLT-III)
 Clock Drawing Test (CDT)
 Cognitive Competency Assessment – Verbal Reasoning
 Columbia Suicide Severity Rating Scale (C-SSRS)
 Controlled Oral Word Association Test/Animal Naming (COWAT)
 Controlled Oral Word Association Test/FAS (COWAT)
 Delis-Kaplan Executive Function System (D-KEFS)
 Dementia Rating Scale – II (DRS-2)
 **Diagnostic Interview for Psychosis and Affective Disorder (DI-PAD)
 Dot Counting Test (DCT)
 **Early Trauma Inventory (ETI)
 Frontal Assessment Battery (FAB)
 Functional Activities Questionnaire (FAQ)
 Generalized Anxiety Disorder-7 (GAD-7)
 Geriatric Depression Scale – Short Form (GDS-SF)
 Grooved Pegboard Test (GPT)
 Hooper Visual Organization Test (VOT)
 Hopkins Verbal Learning Test (HVLT)
 Independent Living Scales (ILS)
 Interlocking Finger Test
 Judgment of Line Orientation (JLO)
 Lewy Body Composite Risk Score (LBCRS)
 **Life History of Aggression Scale
 Mini Mental State Examination (MMSE)
 *Minnesota Multiphasic Personality Inventory – 2 (MMPI-2)
 *Minnesota Multiphasic Personality Inventory – 2 – Revised Form (MMPI-2-RF)
 Nelson-Denny Reading Test
 Neuropsychological Assessment Battery (NAB) – Naming Test
 Overlapping Figures Test
 Parkinson's Disease Questionnaire (PDQ-39)
 Personality Assessment Inventory (PAI)
 Patient Health Questionnaire-9 (PHQ-9)
 PTSD Symptom Scale (PSS)
 Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)
 Rey 15-Item Test (FIT)
 Rey Auditory Verbal Learning Test (RAVLT)
 Rey Complex Figure Test (RCFT)
 *Rorschach Inkblot Method (R-PAS)
 Selective Reminding Test (SRT)
 Stroop Color and Word Test (SCWT)

Simple-Digits Modalities Test (SDMT)
 *Structured Clinical Interview I for the DSM-5 (SCID V)
 *Structured Clinical Interview for the DSM-5: Personality Disorders
 Test of Memory Malingering (TOMM)
 The b Test
 *Thematic Apperception Test (TAT) (exposure)
 Trail Making Test A and B (TMT)
 Trail Making Test A and B – Oral (TMT)
 **Wechsler Abbreviated Scale of Intelligence (WASI)
 Wechsler Adult Intelligence Scale – IV (WAIS-IV)
 Wechsler Individual Achievement Test (WIAT)
 Wechsler Intelligence Scale for Children (WISC)
 Wechsler Memory Scale - IV (WMS-IV)
 Wechsler Test of Adult Reading (WTAR)
 Wechsler Test of Premorbid Functioning (TOPF)
 Wender Utah Rating Scale (WURS)
 Wisconsin Card Sorting Test – Computer (WCST)
 **Woodcock Johnson Test of Achievement (WJ)

 *Academic Training
 **Research Setting

PUBLICATIONS

Getz, M., Charleston IV, L., Armand, C.E., Willis, A.W., Seng, B. (2024). *Pre-Doctoral Research Project*. Manuscript submitted for publication.

Greene, C., **Getz, M.**, Streicker, E., Thind, P., Tayama, E., Manzura Lafto, K., Wubishet Ayele, N., Abera Worku, T., Carson, R., Fanton d'Andon, C., Yilma, T., Wainberg, M., Fufa, Y., Firew, T. (2023). Strategies to improve access to mental health and psychosocial support among displaced populations in Ethiopia, *Current Psychiatry Research and Reviews*; 2023, 19.

Boka, E., Pozzo, J. D., Goetz, D., Remsen, B., Walsh-Messinger, J., **Getz, M.**, Antonius, D., & Malaspina, D. (2020). Ineffective risk-reward learning in schizophrenia. *Psychiatry research*, 293, 113370.

Malaspina, D., Kranz, T., Kleinhaus, K., Daboul, S., Rothman, K., Gilman, C., **Getz, M.**, Harlap, S., & Friedlander, Y. (2019). Short duration of marriage at conception as an independent risk factor for schizophrenia. *Schizophrenia research*, 208, 190–195.

Veras, A. B., Chao, M. V., **Getz, M.**, Goetz, R., Cheniaux, E., Lopes, F. L., Nardi, A. E., Walsh-Messinger, J., Malaspina, D., & Kranz, T. M. (2019). Traumatic experiences and cognitive profiles of schizophrenia cases influenced by the BDNF Val66met polymorphism. *Psychiatry research*, 271, 111–113.

Sun, L., **Getz, M.**, Daboul, S., Jay, M., Sherman, S., Rogers, E., Auero, N., Rosedale, M., Goetz, R. R., Weissman, J., Malaspina, D., & Ahmad, S. (2018). Independence of diabetes and obesity in adults with serious mental illness: Findings from a large urban public hospital. *Journal of psychiatric research*, 99, 159–166.

Joe, P., **Getz, M.**, Redman, S., Kranz, T. M., Chao, M. V., Delaney, S., Chen, L. A., & Malaspina, D. (2018). Transglutaminase-5 related schizophrenia. *Schizophrenia research*, 193, 477–479.

Veras, A. B., Peixoto, C., Messinger, J. W., **Getz, M.**, Goetz, R., Buckley, P., Chao, M. V., Nardi, A. E., Malaspina, D., & Kranz, T. M. (2018). Early trauma and clinical features of schizophrenia cases influenced by the BDNF Val66Met allele. *Schizophrenia research*, 193, 453–455.

Joe, P., **Getz, M.**, Redman, S., Petrilli, M., Kranz, T. M., Ahmad, S., & Malaspina, D. (2018). Serum zinc levels in acute psychiatric patients: A case series. *Psychiatry research*, 261, 344–350.

Veras, A. B., **Getz, M.**, Froemke, R. C., Nardi, A. E., Alves, G. S., Walsh-Messinger, J., Chao, M. V., Kranz, T. M., & Malaspina, D. (2018). Rare missense coding variants in oxytocin receptor (OXTR) in schizophrenia cases are associated with early trauma exposure, cognition and emotional processing. *Journal of psychiatric research*, 97, 58–64.

Petrilli, M. A., Kranz, T. M., Kleinhaus, K., Joe, P., **Getz, M.**, Johnson, P., Chao, M. V., & Malaspina, D. (2017). The Emerging Role for Zinc in Depression and Psychosis. *Frontiers in pharmacology*, 8, 414.

PRESENTATIONS

Getz, M., Charleston IV, L., Armand, C.E., Willis, A.W., Seng, B. (2025). Perceived Discrimination and Migraine-Specific Quality of Life: A Cross-Sectional Survey Study in a Black/African American Sample. Poster Presented at American Academy of Neurology 77th Annual Conference, San Diego, CA.

Lacritz, M., Sebow, L., **Getz, M.**, Maeda, K. Seng, E. (2025, February). *Comparing Subjective and Objective Cognition Across Migraine Phases*. Poster Presented at INS 53rd Annual Conference, New Orleans, LA.

Getz, M., Sebow, L., Lacritz, M., Maeda, K. I., Palmeri, M., Seng, E. (2024, November). *Cogniphobia and Psychological Factors in Episodic Migraine: A Correlational Analysis*. Poster Presented at NAN 44th Annual Conference, Austin, Texas.

Palmeri, M., Rose, N., **Getz, M.**, Lacritz, M., Foley, F., Seng, E. (2024, November). *Factors Influencing Performance Validity Test (PVT) Performance in a Clinical Multiple Sclerosis Sample*. Poster Presented at NAN 44th Annual Conference, Austin, Texas.

Getz, M., Hood, A., King, A. A., White, D. A. (2016, April). *A Comparison of Cognitive Developmental Trajectories in Children with Sickle-Cell Disease to Neurologically Healthy Children*. Poster Presented at St. Louis Undergraduate Research Symposium, St. Louis, Missouri.

PROFESSIONAL MEMBERSHIP

American Academy of Clinical Neuropsychology (AACN), Student Member

American Psychological Association (APA), Student Member

Divisions of Society for Behavioral Neuroscience and Comparative Psychology (6), Rehabilitation

Medicine (22), Health Psychology (38), Clinical Neuropsychology (40), Psychological Study of Culture,

Ethnicity and Race (45), Prescribing Psychology (55), Trauma Psychology (56)

International Neuropsychological Society (INS), Student Member

National Academy of Neuropsychology (NAN), Student Member

New York State Psychological Association (NYSPA), Student Member

Psi Chi International Honor Society in Psychology, Member

RELATED SKILLS

Computers: Proficient in Microsoft Word, Excel, PowerPoint; SPSS; REDCap; Qualtrics; QInteractive; ATLAS.ti

LANGUAGES

American Sign Language - Limited Proficiency