

JESSICA KRUSE, M.A.

jkruse@mail.yu.edu

EDUCATION

- September 2018 – **Doctoral Candidate**
Expected May 2024 **Clinical Psychology Health Emphasis Ph.D. Program**, APA Accredited
Geropsychology Minor [Expected]
Ferkauf Graduate School of Psychology
Yeshiva University, Bronx, New York
Director of Clinical Training: Bari Hillman
E-mail: Bari.Hillman@yu.edu
Phone: 516-857-0827
- January 2021 **M.A. Psychology, En Route**
Ferkauf Graduate School of Psychology
Yeshiva University, Bronx, New York
- May 2018 **B.S., with Honors and Distinction**
Human Development Major, Inequality Studies Minor
Cornell University, Ithaca, New York

SUPERVISED CLINICAL TRAINING

- September 2021 – **Psychology Extern**
May 2022 **Bronx Psychiatric Center**
New York State Office of Mental Health
Bronx, New York
- Provided individual and group psychotherapy to patients in a variety of specialized psychiatric inpatient treatment wards.
 - Completed 2-3 HCR-20 evaluations per month to assess potential risk that patients may pose to the community.
 - Conducted psychological testing batteries to better determine patient functioning and inform further psychological treatment and intervention.
 - Received individual and group supervision and participated in case conferences, seminars, and didactic training.
- Supervisor: Janice Blackham, Psy.D.**
- January 2020 – **Intake Therapist**
Present **The Headache & Adherence Lab**
Ferkauf Graduate School of Psychology
Yeshiva University, Bronx, New York
- Conducted 1-4 assessments per week to confirm diagnosis of migraine using ICHD-3B criteria and make DSM-5 diagnoses as appropriate using the SCID-5.

- Trained new lab members on conducting clinical intakes.
- Receive weekly supervision and training.

Supervisor: Elizabeth Seng, PhD.

September 2020 –
August 2021

Geropsychology Extern
Brooklyn VA Medical Center
VA NY Harbor Healthcare System
Brooklyn, New York

- Provided individual and group psychotherapy to older adults in palliative care, hematology/oncology, geriatric primary care, and a neuropsychology/memory-disorder clinic.
- Conducted neurobehavioral assessments and interventions, and neuropsychological batteries.
- Received weekly individual and group supervision, participated in bimonthly didactics.
- Attend and participate in weekly interdisciplinary geriatric care team meetings.
- Clinical activities conducted both via telehealth due to COVID and in-person.

Supervisor: Valerie Abel, PsyD.

March 2020 –
June 2020

Psychology Extern
COVID-19 Emotional Support Helpline
New York State Office of Mental Health
Tele-therapy, New York

- Provided individual supportive psychotherapy, psychoeducation, and adaptive coping mechanisms via telehealth to essential workers and the general population through the “first wave” of the COVID-19 pandemic.
- Received weekly group supervision and didactics about disaster mental health and providing care to first responders.

Supervisor: Deborah Vineberg, PsyD.

August 2019 –
July 2020

Neuropsychology & Rehabilitation Psychology Extern
Burke Rehabilitation Hospital
Montefiore Health System
White Plains, New York

- Worked as a consultant liaison for the inpatient healthcare team for patients recovering from stroke, cardiac events, traumatic brain injury, spinal cord injury, amputation. Screened patients for adverse adjustment and psychiatric illness. Provided psychoeducation, supportive psychotherapy, CBT, and mindfulness interventions.
- Co-led weekly outpatient group therapy sessions for caregivers and patients who survived TBI and carried a caseload of 3 weekly individual psychotherapy cases.

- Conducted neuropsychological testing batteries to assess cognition and functioning, and to inform further treatment.
- Received weekly individual and group supervision and didactics and participated in interdisciplinary team meetings.
- Clinical activities transitioned to telehealth in March (3/15) due to COVID.

Supervisors: Julieanne Shulman, PsyD., Heidi Spitz, PsyD., & Jamie Twaite, PhD.

February 2019 –
July 2020

Behavioral Medicine Student Therapist
The Max & Celia Parnes Family Psychological and Psychoeducational Services Clinic

Ferkauf Graduate School of Psychology

Yeshiva University, Bronx, New York

- Carried a caseload of 3 weekly individual psychotherapy cases. Treatment issues included: anxiety, depression, coping with chronic illness, overweight/obesity, and/or other physical health issues. Responsible for all case documentation
- Conducted pre-surgical psychological evaluations for patients seeking bariatric surgery; provided written assessment to referring physicians.
- Received individual weekly clinical supervision
- Clinical activities transitioned to telehealth in March (3/15) due to COVID.

Supervisors: Karen Somary, Ph.D. & Elizabeth Brackis-Cott, PhD.

RESEARCH EXPERIENCE

August 2020 –
Present

Principal Investigator, Dissertation Research Project

Ferkauf Graduate School of Psychology

Yeshiva University, Bronx, New York

Title: Ecological Momentary Assessment of Pain Variability in Community-Dwelling Older Adults.

Proposal Approved: August 2021

Supervised by Elizabeth Seng, Ph.D. & Richard Lipton, M.D.

September 2018 –
December 2020

Principal Investigator, Pre-Doctoral Research Project

Ferkauf Graduate School of Psychology

Yeshiva University, Bronx, New York

Title: Changes in pain catastrophizing and cognitive fusion in patients with episodic and chronic migraine receiving mindfulness-based cognitive therapy for migraine.

Completed: December 2020

Supervised by Elizabeth Seng, Ph.D.

September 2018 –
Present

Research Assistant

Headache and Adherence Lab

Ferkauf Graduate School of Psychology
Yeshiva University, Bronx, New York

- Discussed and developed ideas pertaining to current pre-doctoral and doctoral level research projects of peers
- Develop understanding of migraine, and current issues in medication adherence
- Collaborate with advisor on current research projects and papers

Principal Investigator: Elizabeth Seng, Ph.D.

STUDENT LEADERSHIP EXPERIENCE

August 2021 –
Present

Communications Chair, Student Advisory Council

Society for Health Psychology

American Psychological Association

- Responsible for publishing an online quarterly student newsletter.
- Communicated information about opportunities and student accomplishments via listservs, Twitter, and Facebook.
- Managed weekly job and postdoc postings on the SfHP website.

July 2021 –
Present

Cohort Representative

Ferkauf Graduate School of Psychology

Yeshiva University, Bronx, New York

- Peer elected representative for PhD cohort responsible for liaising with faculty about student concerns and requests.

Supervisor: Bari Hillman, Ph.D.

August 2020 –
Present

Campus Co-Representative

Psychologists for Social Responsibility

Yeshiva University, Bronx, New York

- Worked with my co-representative to develop social justice initiatives and to provide social justice-oriented programming (i.e. guest speakers and panel discussions) within the Ferkauf community.

Supervisor: William Salton, Ph.D.

May 2020 –
Present

Clinical Health Ph.D. Program TA

Ferkauf Graduate School of Psychology

Yeshiva University, Bronx, New York

- Provided administrative support for the Clinical Health Ph.D. program.
- Assisted with preparing the annual APA credentialing application, and supervised/assisted fellow graduate students with data entry.

Supervisor: Bari Hillman, Ph.D.

January 2020 –
Present

Pain & Opioid Policy Advocate

Society for Behavioral Medicine

New York, NY

- Wrote policy briefs and position statements on behalf of the Society for Behavioral Medicine related to the opioid pandemic and treatments for patients with chronic pain.
- Initiated and developed relationships with elected representatives from the state of New York. Met periodically to discuss healthcare policy, provide education about the opioid epidemic, and advocate for patients with chronic pain and opioid use disorder.
- Collaborated with other group members to develop advocacy talking points and initiatives.

Supervisor: Joanna Buscemi, Ph.D.

TEACHING EXPERIENCE

August 2022 –
January 2023

Graduate Teaching Assistant: *Applied Statistics in Health*

Ferkauf Graduate School of Psychology, Yeshiva University, Bronx NY

- Responsible for conducting two lab sections a week and assisting graduate students in conducting advanced statistical analyses, such as regression, mediation analyses, etc.

Supervisor: Elizabeth Seng, Ph.D.

August 2019 –
January 2021

Adjunct Professor: *Introduction to Statistics*

Stern College for Women, Yeshiva University, New York, NY

- Instructor of record for undergraduate Introduction to Statistics course.
- Taught one class of 30 students for 75 minutes, two times each week for 3 semesters.
- Responsible for developing all related course materials and the curriculum.
- Planned lectures, assignments, and applied projects to reinforce learning objectives.
- Provided feedback and grading on assignments.
- Taught both in-person and synchronous online courses.

January 2019 –
May 2019

Co-Instructor: *Introduction to Psychology & Abnormal Psychology*

Stern College for Women, Yeshiva University, New York, NY

- Responsible for grading student midterms and final exams for two undergraduate level courses – Introduction to Psychology & Abnormal Psychology.

Supervisor: Rebecca Greif, PsyD

August 2018 –
May 2019

Teaching Assistant: *Experimental Psychology*

Stern College for Women, Yeshiva University, New York, NY

- Graduate teaching assistant for undergraduate course, Experimental Psychology
- Responsible for leading weekly student lab sections and teaching students the basics of psychology research, including: psychometrics, data analysis in SPSS, literature review, and formal scientific writing

- Provided feedback and grading on assignments
- Supervisor: Joshua Bacon, Ph.D.**

August 2016 –
December 2016

Teaching Assistant

College of Human Ecology, Cornell University, Ithaca, NY

- Teaching Assistant for the undergraduate course Research Methods in Human Development
- Worked with students on the empirical research process, data analysis in SPSS, and formal scientific writing
- Collaborated with the course professor and other teaching assistants on the development of course materials and lesson plans
- Graded and provided feedback on student assignments

Supervisor: Marianella Casasola, Ph.D.

ADDITIONAL RESEARCH EXPERIENCE

January 2017 –
May 2018

Undergraduate Honors Thesis

Title: Pain Forecasting and Recollection in Middle-aged and Older adults with Chronic Pain

College of Human Ecology
Cornell University, Ithaca, New York

- Conducted a senior honors thesis exploring the dimensions of pain predictability in pain management and regulation in middle-aged and older adults with chronic non-cancer pain (n=148)
- Responsible for developing and implementing study recruitment and data collection protocols
- Co-managed an eight-person undergraduate research team over the summer of 2017
- Data collected through research interviews and online surveys for 86 participants

Supervisor: Corinna Löckenhoff, Ph.D.

January 2016 –
May 2018

Research Assistant at the Healthy Aging Lab

Cornell University, Ithaca, New York

- Conducted human subject data collection and administered psychometric measures and physiological measures (EKG and skin conductance)
- Assisted with laboratory tasks including literature review, data coding, and grant proposal review

Supervisor: Corinna Löckenhoff, Ph.D.

June 2016 –
August 2016

Summer Research Intern

The Translational Research Institute for Pain in Later Life

Weill Cornell Medical College, New York, New York

- Recruited, screened, and interviewed participants (n=90) for the Pain Beliefs Pilot Study, which explored the prevalence of specific pain

beliefs and attitudes towards pain treatment modalities in older adults with chronic non-cancer pain

- Researched pain self-management through literature review, qualitative interviews with healthcare providers, and interviews with patients with chronic pain

Supervisor: Cary Reid, Ph.D., M.D.

OTHER RELATED EXPERIENCE

February 2017 –
February 2018

Director of Operations

Cornell University Emergency Medical Service, Ithaca, New York

- Supervised all day-to-day functions and operations of CUEMS, a 24/7 first response emergency medical service
- Developed a critical incident psychological support plan for agency members with the assistance of the University Crisis Manager and the Director of Counseling at Cornell Health
- Worked with the agency medical director, Edward Koppel M.D., to maintain clinical standards and medical protocols for the agency
- Planned, coordinated, and supervised the staffing of 55 CUEMS members for a university music festival with an attendance of approximately 20,000 people
- Collaborated with Cornell University leadership, including the Associate Vice President of Environmental Health & Safety and the Assistant to the Dean of Students to make operational reforms within the agency

Supervisor: Daniel Maas, CEM, B.S.

February 2016 –
February 2017

Training Officer

Cornell University Emergency Medical Service, Ithaca, New York

- Developed weekly agency-wide training presentations on a variety of topics including: psychiatric emergencies, mass casualty incidents, and treating special patient populations
- Oversaw and developed the new member onboarding process, which included weekly lectures on clinical care and psychomotor skills labs

Supervisor: Daniel Maas, CEM, B.S.

August 2014 –
May 2018

EMT-B & Crew Chief

Cornell University Emergency Medical Service, Ithaca, New York

- Worked as an EMT-Basic and responded to a variety of medical emergencies as an autonomous care provider
- Managed a crew of up to 3 individuals, ensuring scene safety and patient management
- Ran 2,200 shift hours and responded to about 250 medical emergencies

Supervisor: Edward Koppel, M.D.

January 2015 –
May 2016

Counselor in Training

Empathy, Assistance, & Referral Services (EARS)

Cornell University, Ithaca, New York

- Trained in providing empathetic feedback and support to Cornell University students in private counseling sessions
- Learned how to interact with and provide counseling support to various populations including survivors of sexual assault, LGBT individuals, and minority students

Supervisor: Janet Shortall, M.A.

GRANTS, HONORS, AND AWARDS

2018 – 2022	Merit Scholarship, Ferkauf Graduate School of Psychology
2018	Graduated with honors and with distinction, Cornell University
2018	Henry Riciutti Award for Outstanding Seniors in Human Development
2017	Cornell College of Human Ecology Summer Research Stipend
2017	Cornell College of Human Ecology Alumni Association Research Grant
2015 – 2018	Cornell College of Human Ecology Dean's List

PAPERS AND PUBLICATIONS

Kruse, J., Heapy, A., Kerns, R., Seng, E. (May 13, 2022). Psychological & behavioral assessment. *Practical management of pain, 6th edition*. Elsevier.

Kruse, J., Seng, E., Fox, K., Vranceanu, A.M., Buscemi, J. (September, 2021). Society of behavioral medicine supports increasing access to care for patients with opioid use disorder. *Society of Behavioral Medicine Position Statement*.

Kruse, J., Seng, E. (Manuscript submitted for publication). Changes in pain catastrophizing and cognitive fusion in patients with episodic and chronic migraine receiving mindfulness-based cognitive therapy for migraine.

ORAL PRESENTATIONS AT SCIENTIFIC MEETINGS

Buscemi, J., Bean, M., **Kruse, J.,** Hardin, H. (April 2022). *Advocating for Science-Based Policies: How to Build Relationships with Legislative Aides*. Oral presentation at the Society of Behavioral Medicine Annual Meeting on April 7, 2022.

Kruse, J., Seng, B., Katz, M., Lipton, R. (September 2019). *Ecological Momentary Assessment of Pain Variability in Community-Dwelling Older Adults*. Oral presentation at the Big Apple Health Psychology Colloquium on September 25, 2019. Manhattan, NY.

Kruse, J., Yip, A., Reid, C., Löckenhoff, C. (November 2018). *Pain forecasting and recollection in middle-aged and older adults with chronic pain*. Oral presentation at the Gerontological Society of America Conference on November 17, 2018. Boston, MA.

Kruse, J., Yip, A., Reid, C., Löckenhoff, C. (May 2018). *Pain forecasting and recollection in middle-aged and older adults with chronic pain*. Oral presentation at the Cornell Undergraduate Psychology Conference on May 12, 2018, Cornell University, Ithaca, NY.

POSTER PRESENTATIONS AT SCIENTIFIC MEETINGS

- Kruse, J. & Seng, B.** (April 2022). *Depression symptoms and daily stress levels in patients with episodic and chronic migraine*. Poster presented at the Society of Behavioral Medicine Annual Meeting on April 7, 2022.
- Best, R., **Kruse, J.**, Seng, B. (June 2021). *Pain willingness and activity engagement mediate the relationship between depression and headache-related disability*. Poster presented at the International Congress of Behavioral Medicine Conference on June 7, 2021, Virtual Conference due to COVID.
- Kruse, J.**, Seng, B. (April 2021). *Cognitive changes in patients with migraine over the course of mindfulness-based cognitive therapy for migraine*. Poster presented at the Society of Behavioral Medicine Annual Meeting on April 13, 2021, Virtual Conference due to COVID.
- Kruse, J.**, Yip, A., Reid, C., Löckenhoff, C. (May 2018). *Pain forecasting and recollection in middle-aged and older adults with chronic pain*. Poster presented at the Cornell Undergraduate Research Board Forum on May 2, 2018, at Cornell University, Ithaca, NY.
- Kruse, J.**, Yip, A., Reid, C., Löckenhoff, C. (May 2018). *Pain forecasting and recollection in middle-aged and older adults with chronic pain*. Poster presented at the Dean's Undergraduate Advisory Council Research Symposium on May 7, 2018, at Cornell University, Ithaca, NY.

PROFESSIONAL MEMBERSHIP

American Psychological Association (APA), Student Member and Division 38, Health Psychology, and Division 12, Clinical Geropsychology
Gerontological Society of America, Student Member
Society of Behavioral Medicine (SBM), Student Member
Psychologists for Social Responsibility

ASSESSMENT EXPERIENCE

Animal Fluency
Beck Anxiety Inventory (BAI)
Beck Depression Inventory-II (BDI-II)
Benton's Judgment of Line Orientation
Boston Naming Test (BNT)
California Verbal Learning Test (CVLT)
Controlled Oral Word Association Test (COWAT)
Delis-Kaplan Executive Functioning Test (D-KEFs)
 Color-Word Interference
 Tower Test
 Verbal Fluency Test
Dot Counting Test
FAS Test of Phonemic Fluency
Geriatric Depression Scale (GDS)
Grooved Pegboard
HCR-20

Hopkins Verbal Learning Test-Revised
Insomnia Severity Index (ISI)
Montreal Cognitive Assessment (MoCA)
NAB Naming Test
Personality Assessment Inventory (PAI)
PTSD Checklist for DSM-5
Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)
Rey Complex Figure Test (RCFT)
Rorschach Inkblot Method (Exner Comprehensive System)
State-Trait Anxiety Inventory (STAI)
Stroop Color and Word Test
Structured Clinical Interview for the DSM-5 (SCID V)
Structured Diagnostic Interview for Headache – 4 Brief Version
Thematic Apperception Test (TAT)
Trail Making Test A and B
Trauma Symptom Inventory
Wechsler Adult Intelligence Scale – IV (WAIS-IV)
Wechsler Memory Scale – IV (WMS-IV)
Wechsler Test of Adult Reading
Wide Range Achievement Test (WRAT5)
Wisconsin Card Sorting Task (WCST)

ASSESSMENT TRAINING

Wechsler Intelligence Scale for Children – IV (WISC-IV)
Minnesota Multiphasic Personality Inventory – 2 (MMPI-2)
Minnesota Multiphasic Personality Inventory – 2 – Revised Form (MMPI-2-RF)
Structured Clinical Interview for the DSM-5: Personality Disorders