**Toby Dresdner**

323 w 96th St. Apt 411

New York, NY 10025

914-500-3610

tobydresdner96@gmail.com

***Days available for externship: All day: Mondays, Thursdays; Fridays until 1 pm***

**EDUCATION**

August 2021 – **Doctoral Student**

*May 2026* **Clinical Psychology (Health Emphasis)**, APA Accredited

Ferkauf Graduate School of Psychology, Yeshiva University, Bronx, NY

Director of Clinical Training: Director of Clinical Training: Bari Hillman, Ph.D.

Email: bari.hillman@yu.edu / Phone: 516-857-0827

August 2019 – Postbaccalaureate studies

December 2020 **Major: Psychology**

Columbia University, New York, New York

August 2016 – **B.A. *cum laude***

June 2019 **Major: English**

Cornell University, Ithaca, New York

**RESEARCH EXPERIENCE**

August 2021 – **Principal Investigator, Pre-Doctoral Research Project**

*present* Ferkauf Graduate School of Psychology, Yeshiva University, Bronx, NY

**Title: Re-experiencing PTSD Symptoms in Mindfulness Based Relaxation Treatments**

**Supervised by Elizabeth Seng, Ph.D**.

August 2021 – **Graduate Research Assistant**

*present* ***Psychology of Migraine and Adherence Lab***

Ferkauf Graduate School of Psychology, Yeshiva University, Bronx, NY

* Junior researcher studying the intersection between behavioral and psychosocial factors that affect migraine medication adherence, and therapeutic interventions
* Collaborate on psychological and biomedical research, including design, statistical analysis, and manuscript preparation

**Research Advisor: Elizabeth Seng, Ph.D**.

September 2019 – **Postbaccalaureate Research Assistant**

March 2021 ***Higgins Lab***

Columbia University, New York, NY

* Conducted literature review on shared reality and decision making
* Corresponded with and coordinated participant scheduling
* Compiled and maintained psychometric scale compendium

**Research Advisor: E. Tory Higgins, Ph.D**.

August 2019 – **Postbaccalaureate Research Assistant**

June 2021 **Global Psychiatric and Epidemiology Group**

Columbia University Medical Center, New York, NY

* Conducted several-hour clinical interviews with research participants for studies investigating trauma in minority, low-SES, pediatric, and geriatric populations, among others.
* Administered breathing tests, took and processed blood for study on health and emotional well-being.

**Research Advisor: Christina Hoven, Ph.D**

**OTHER WORK EXPERIENCE**

August 2017 – **Peer Counselor**

May 2019 Cornell University

Ithaca, NY

* Trained in a peer counseling model developed by Cornell Psychologists
* Worked with both Cornell students as well as adults living in the Ithaca area

June 2018 – **Division of Research Intern**

August 2018 National Endowment for the Humanities

Washington, D.C.

* Gained familiarity with the forefront of humanities research in the United States
* Developed skills in grant writing and reviewing process, including a proficiency in cogent and effective academic communication strategies

June 2017 – **Occupational Therapy Intern**

August 2017 Tirat Carmel Mental Hospital

Tirat Carmel, Israel

* Built relationships with patients as a supplemental treatment to provide them with interpersonal support beyond hospital staff
* Gained an intimate understanding of the Israeli mental health system and its effects on patients and workers

June 2016 – **Legal Assistant Intern**

August 2016 Criminal Defense, Civil, & International Law Attorney, Nick Kaufman, esq.

Jerusalem Israel

* Crafted appeals and prepared briefs for civil, criminal, and international law cases
* Conducted international law research

**CERTIFICATIONS, LEADERSHIP, HONORS AND AWARDS**

2021 – 2020 Merit Scholarship, Ferkauf Graduate School of Psychology

2019 New York State Certified Phlebotomist

2016-2019 Dean’s List, Cornell University

**TEACHING AND ASSISTANTSHIPS**

Spring 2018 **Teaching Assistant, Plant Biology and Earth Science**

Cornell University

* Led a weekly discussion section of ten students
* Graded homework assignments and essays

Course Instructor: Tom Silva, PhD

August 2014- **Assistant Teacher**

July 2015 Zalman Aran Elementary School

* Taught elementary English and math to students with and without learning disabilities three times a week
* Collaborated with teachers weekly to develop teaching strategies to address students’ environmental and social needs

**ACADEMIC ASSESSMENT TRAINING**

**Fall 2021**

Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)

Structured Clinical Interview I for the DSM-5

Wechsler Adult Intelligence Scale – IV (WAIS-IV)

Wechsler Intelligence Scale for Children – IV (WISC-IV)

Wechsler Memory Scale – IV (WMS-IV)

**Spring 2021**

Minnesota Multiphasic Personality Inventory – 2 (MMPI-2)

Minnesota Multiphasic Personality Inventory – 2 – Revised Form (MMPI-2-RF)

Personality Assessment Inventory (PAI)

Rorschach Inkblot Method (Exner Comprehensive System)

Structured Clinical Interview for the DSM-5: Personality Disorders

Thematic Apperception Test (TAT) (exposure)

**PRESENTATIONS**

**Dresdner, T**, Pinelli, F, Higgins, E. T. (2021, February 11). *Effects of cues of shared reality on motivation by personality type*. Society for Personality and Social Psychology Conference, Virtual.

**PROFESSIONAL MEMBERSHIPS**

American Psychological Association, Student Affiliate

Division 1, Society for General Psychology

Division 3, Experimental Psychology and Cognitive Science

Division 6, Society for Behavioral Neuroscience and Comparative Psychology

Division 8, Society for Personality and Social Psychology

Division 56, Trauma Psychology

**LANGUAGES**

Hebrew: Conversational