**Alexandra M. Schwartz**

4 Vandalay Court

Scarsdale, NY 10583

914-715-0755

aschwa12@mail.yu.edu

**Days available for externship: Monday, Tuesday, Thursday, Friday**

**EDUCATION**

*August 2020 –* **Doctoral Student**

*Expected May 2026* **Clinical Psychology PhD Program, (Health Emphasis),** APA Accredited

 Ferkauf Graduate School of Psychology, Yeshiva University, Bronx, NY

 Director of Clinical Training:

 Bari Hillman, Ph.D., bari.hillman@yu.edu, 516-857-0827

*August 2015 –*   **B.A*., cum laude***

*May 2019*  **Psychology Major, Spanish Language, Literature and Culture Minor**

 University of Connecticut, Storrs, Connecticut

 Study Abroad: Universidad de Belgrano, Buenos Aires, Argentina, Spring 2018

**SUPERVISED DOCTORAL CLINICAL EXPERIENCE**

*July 2022 –* **Neuropsychology Extern**

*June 2023* **Weill Cornell Medicine – New York Presbyterian, Westchester Division,** Department of Psychiatry, White Plains, New York

* Administer and score neuropsychological evaluations in both inpatient and outpatient setting to inform diagnostic clarification and treatment planning for patients across the lifespan
* Write comprehensive assessment reports integrating findings from cognitive, personality, and mood measures, and other relevant sources to provide appropriate patient recommendations
* Attend weekly neuropsychology didactics and supervision

*August 2021 –* **Psychology Extern**

*June 2022* **RFK/Children’s Evaluation and Rehabilitation Center at Montefiore**

 **Fisher Landau Center for Treatment of Learning Disabilities**

Adult Literacy Program,Bronx, New York

* Administer and score psychological and psychoeducational evaluations monthly to gather information regarding cognitive and academic skills so as to assist with treatment and educational planning
* Write comprehensive assessment reports integrating findings from neuropsychological tests, patients’ chart, and other relevant sources
* Carry an outpatient psychotherapy caseload of 4 long-term, twice-weekly patients. Treatment issues frequently include Specific Learning, Adjustment, Depressive, and Anxiety Disorders
* Attend weekly didactics, individual and group supervision

 **Supervisor: Monica McQuaid, PhD.**

*February 2021 –* **Behavioral Medicine Student Therapist**

*July 2022* ***Max & Celia Parnes Family Psychological and Psychoeducational***

 ***Services Clinic***

 **Ferkauf Graduate School of Psychology**

 Yeshiva University, Bronx, New York

* Carry a caseload of 3-4 individual weekly adult psychotherapy cases. Treatment issues frequently include anxiety, depression, coping with stress, physical pain and/or other physical health issues
* Conduct pre-surgical psychological evaluations for patients seeking bariatric surgery; provide written assessment to referring physicians
* Conduct clinic intake evaluations using SCID-5
* Responsible for all case documentation
* Weekly individual supervision

 **Supervisor: Yvette Fruchte, PhD.**

**OTHER CLINICAL EXPERIENCE**

*January 2019 –* **Psychiatric Technician**

*June 2019*  **Rockville General Hospital, Walden Inpatient Eating Disorder Unit**

 Vernon, Connecticut

* Built rapport with patients, maintained therapeutic relationships, and implemented treatment plans
* Performed and documented orthostatic vitals, safety checks, and weights
* Presented detailed shift-to-shift reports including patients’ behavior, mood, feelings, and overall presentation
* Restrained violent, self-injurious, or suicidal patients by verbal or physical means as required

*June 2018 –* **ABA Therapist**

*June 2019* Strong Foundations

Vernon, Connecticut

* Developed and implemented intervention plans to provide one-to-one ABA therapy to children with Autism and other developmental disorders both at in-home visits and in group settings
* Recorded data regarding behavioral progress in terms of individual intervention plans in order to make appropriate adjustments, accelerating children’s proper developmental growth

*July 2017 –* **Mental Health Support Worker**

*August 2017*  SLV Global

Bali,Indonesia

* Led sessions for patients of all ages suffering from varying ranges of mental health difficulties, such as schizophrenia, bipolar disorder, and self-injurious behavior in one of the largest psychiatric facilities in Indonesia
* Placed patients into specialized care centers throughout Indonesia in conjunction with local professionals
* Ran therapeutic groups to reinforce coping mechanisms, providing sensitivity to cross-cultural communication

**DOCTORAL RESEARCH EXPERIENCE**

*August 2020 –*  **Research Assistant**

*present* ***Headache and Adherence Research Lab***

 Ferkauf Graduate School of Psychology

 Yeshiva University, Bronx, New York

* Develop understanding of patterns of adherence in headache management, mindfulness and cognitive behavior therapy and their impact on migraine and use of digital applications to track and manage headache
* Conduct intake interviews to assist in diagnosing patients for research study eligibility
* Perform assessments and cognitive behavioral interventions for migraine under supervision of clinical psychologists specializing in the treatment of headache disorders
* Collaborate with advisor during biweekly individual meetings on current research projects and papers

 **Principal Investigator: Elizabeth Seng, Ph.D**.

**OTHER RESEARCH EXPERIENCE**

*August 2019 –*  **New York Obesity Lab**

*June 2020*  Mount Sinai Hospital St. Luke’s, New York, New York

* Propelled objectives of research study investigating the effect of low energy-dense food costs on food choices, emotional state, body composition, and overall health
* Assisted in organizing, writing, and submitting research grants under Principal Investigator
* Tracked participant changes throughout the 13 months that they are involved in the study by checking in with them regularly, noted their emotional and physical changes, and kept track of data in an organized manner
* Attended weekly lab meetings, recorded minutes, and provided ideas and feedback in regard to IRB submissions, study procedures, and organization tactics

*January 2019 –* **Communication Development Lab**

*May 2019*  University of Connecticut, Storrs, Connecticut

* Contributed to experimental design and analyses with a focus on early language acquisition, mother-infant dyadic relationships, and talkativeness
* Transcribed utterances of subject recordings and input data into excel documents and Audacity
* Collaborated with other lab members to design more focused analyses

**OTHER WORK EXPERIENCE**

*June 2018 –*  **Communications Coordinator**

*present*  Peace at Home Parenting Solutions

Remote Work

* Maintains organization of company by employing effective communication skills between company owner and employees to ensure efficiency and completion of tasks, and through excel spreadsheets and meeting schedules
* Oversees progress of two undergraduate interns, assisting with any immediate questions or difficulties

*August 2017 –* **Educational Facilitator**

*December 2018* University of Connecticut Child Development Labs

 Storrs, Connecticut

* Cooperated with program director and teachers to plan week-long and semester-long goals both specific to our individual students and for our classroom of 8 students as a whole
* Supported head teachers in interacting with students’ families and leading our classroom of students from diverse backgrounds in a developmentally observational setting

**PROFESSIONAL AFFILIATIONS, HONORS AND AWARDS**

2020 – 2020 Merit scholarship, Ferkauf Graduate School of Psychology

2019 Graduated *cum laude*, University of Connecticut

2016 – 2019 Dean’s List

2018 Named New England Scholar

**ASSESSMENT EXPERIENCE**

Ask Suicide-Screening Questions (ASQ) \*

Beck Anxiety Inventory (BAI) \*

Beck Depression Inventory – II (BDI-II) \*

Conners Adult ADHD Rating Scale (CAARS short form) \*

Diagnostic Assessment of Reading – Second Edition (DAR-2) \*

Generalized Anxiety Disorder – 7 (GAD-7) \*

Patient Health Questionnaire – 9 (PHQ-9) \*

Structured Clinical Interview for the DSM-IV (SCID-5) +

Structured Diagnostic Interview for Headache – 4 Brief Version (SDIH-4-Brief)^

Wechsler Adult Intelligence Scale – IV (WAIS-IV) \*

Woodcock Johnson Test of Achievement – Fourth Edition (WJ-IV) \*

\* Clinical experience

^ Research experience

+ Both clinical and research experience

**ACADEMIC ASSESSMENT TRAINING**

Minnesota Multiphasic Personality Inventory – 2 (MMPI-2) (exposure)

Minnesota Multiphasic Personality Inventory – 2 – Revised Form (MMPI-2-RF)

Personality Assessment Inventory (PAI)

Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)

Rorschach Inkblot Method (Exner Comprehensive System)

Structured Clinical Interview for the DSM-5: Personality Disorders

Thematic Apperception Test (TAT) (exposure)

Wechsler Intelligence Scale for Children – IV (WISC-IV)

 Wechsler Memory Scale – IV (WMS-IV)

**PRESENTATIONS**

**Schwartz, A.,** Seng, E. (2021) Migraine and Physical Activity. Abstract submitted for presentation at the annual meeting of the Society of Behavioral Medicine, Baltimore, MD.

Sutton, L., Klepper, J., Rosen, N., Reeder, A., **Schwartz**, **A.,** & Seng, E. (2021) Nonverbal memory dysfunction and migraine-related disability predict subjective cognitive symptoms in adults with migraine. National Academy of Neuropsychology, Washington, DC.

**Schwartz, A.,** Parfatti, M. (2017, December) Mirror Neurons on *Perceived Exercise Effects on Food Choices*. Undergraduate Research Forum, Storrs, CT.

**PROFESSIONAL MEMBERSHIP**

American Psychological Association (APA), Student Affiliate

Member, Society for Health Psychology, (38), Divisions of Clinical Neuropsychology (40)

Alpha Lambda Delta Honors Society, Student Member

Golden Key International Honors Society, Member

Psi Chi, National Honors Society of Psychology, Member

**LANGUAGES**

Spanish: Proficient verbal/written

**RELATED SKILLS**

Computers: Proficient in Microsoft, SPSS, REDCap, Mendeley, RefWorks, EndNote, Audacity