

Alexandra Meliz Ozmeral, B.S.

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EDUCATION

Aug 2021 –
Expected May 2026

Doctoral Student
Clinical Psychology Ph.D. Program (Health Emphasis), APA Accredited
Ferkauf Graduate School of Psychology, Yeshiva University
Bronx, New York
Director of Clinical Training: Bari Hillman, Ph.D.
Email: bari.hillman@yu.edu
Phone: 516-857-0827

May 2018

B.S., cum laude
Health Promotion Disease Prevention Major
University of Southern California, Los Angeles, California
Study Abroad: John D. Kehoe School of Art, Cortona, Italy, Spring 2015

SUPERVISED DOCTORAL CLINICAL TRAINING

Feb 2022

Behavioral Medicine Student Therapist
The Max & Celia Parnes Family Psychological and Psychoeducational Services Clinic
Ferkauf Graduate School of Psychology, Yeshiva University
Bronx, New York

- Conduct individual weekly psychotherapy. Treatment issues frequently include anxiety, depression, coping with stress, physical pain and/or other physical health issues
- Conduct pre-surgical psychological evaluations for patients seeking bariatric surgery; provide written assessment to referring physicians.
- Conduct clinic intake evaluations using SCID-5
- Responsible for all case documentation
- Weekly individual supervision

Supervisor: To be assigned

DOCTORAL RESEARCH EXPERIENCE

Sep 2021 – Present

Research Assistant
Headache and Adherence Research Lab
Ferkauf Graduate School of Psychology, Yeshiva University
Bronx, New York

- Discuss and develop ideas pertaining to current pre-doctoral and doctoral level research projects of peers
- Develop understanding of patterns of adherence in headache management, mindfulness and cognitive behavior therapy and their impact on migraine and use of digital applications to track and manage headache
- Collaborate with advisor on current research projects and papers

Principle Investigator: Elizabeth Seng, Ph.D.

ADDITIONAL RESEARCH EXPERIENCE

Dec 2017 – May 2018 **Research Assistant**

Center for Economic and Social Research MTEENS Study

Dana and David Dornsife College, University of Southern California
Los Angeles, California

- Videoconferenced with study participants and guided them through self-measurements of height, weight, and waist circumference
- Collected and cleaned data of the above measurements
- Performed clerical and administrative tasks such as maintaining inventory and managing compensation for participants
- Presented poster at college science symposium

Supervisor: Sarah White, MPP

TEACHING EXPERIENCE

Aug 2022 – Present **Teacher Assistant**

Experimental Psychology

Stern College, Yeshiva University
New York, New York

- Graduate teaching assistant for undergraduate course, Experimental Psychology
- Responsible for leading weekly student lab sections and teaching students the basics of psychology research, including psychometrics, data analysis in SPSS, literature review, and formal scientific writing
- Provide feedback and grading assignments

Supervisor: Joshua Bacon, Ph.D.

OTHER WORK EXPERIENCE

Aug 2018 – Present **Senior Consultant**

Cloudmed
San Francisco, California

- Manage consulting projects for one of the largest health systems in Northern California and others in Texas and Colorado to recover \$10M+ yearly in revenue for hospital clients
- Directly oversee a cross-functional team of five Associate Consultants by providing opportunities for career development, mentorship, and comprehensive project evaluations
- Develop and present data-driven operational improvement recommendations and implementation strategies to key client stakeholders (CFOs, Directors)
- Analyze large data sets to identify revenue cycle errors by designing SQL reviews of inpatient hospital claims, focusing on Diagnosis Related Group (DRG) logic assessment and proper coding of Internal Classifications of Diseases (ICD-10)
- Sit on the leadership board of Women of Cloudmed, an Employee Resource Group, leading monthly Pod discussions on topics such as the Confidence Gap, Strategic Networking, Gendered Mentorship, and Intersectionality

Jun 2020 – Present **Certified Integrative Health & Nutrition Coach, NBC-HWC**

Institute for Integrative Nutrition
New York, New York

- Lead nutrition and integrative health counseling services for women of all ages through exploring underlying health conditions and nutrition-related concerns

LEADERSHIP, HONORS AND AWARDS

2021	Merit Scholarship, Ferkauf Graduate School of Psychology
2018	<i>Cum Laude</i> , University of Southern California
2015 – 2018	Dean's List, University of Southern California
2015 – 2016	Renaissance Ideal Scholarship, University of Southern California

ACADEMIC ASSESSMENT TRAINING

Fall 2021

Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)
Structured Clinical Interview for the DSM-5 (SCID-5)
Trail Making Test
Wechsler Adult Intelligence Scale – IV (WAIS-IV)
Wechsler Intelligence Scale for Children – IV (WISC-IV)
Wechsler Memory Scale – IV (WMS-IV)

Spring 2022

Minnesota Multiphasic Personality Inventory – 2 (MMPI-2)
Minnesota Multiphasic Personality Inventory – 2 – Revised Form (MMPI-2-RF)
Personality Assessment Inventory (PAI)
Structured Clinical Interview for the DSM-5: Personality Disorders
Thematic Apperception Test (TAT) (exposure)

POSTER PRESENTATION AT SCIENTIFIC MEETINGS

Ozmeral, A., Sutton, L., Seng, E., Slavin, M. (April, 2022). *Associations between caffeinated and alcoholic beverage intake and headache frequency and symptoms in migraine patients*. Poster presented at the Society of Behavioral Medicine on April 7, 2022.

PROFESSIONAL MEMBERSHIP

American Psychological Association (APA), Student Member
Member, Divisions of Society for Psychology of Aesthetics, Creativity and the Arts (10), Health Psychology (38)
New York State Psychological Association (NYSPA), Student Member

RELATED SKILLS

Computers: Proficient in Microsoft Word, Excel, PowerPoint; Google Suite; SQL; EHR Systems